



## Purpose

The purpose of the American Red Cross CPR/AED for Professional Rescuers course is to train professional-level rescuers to respond to breathing and cardiac emergencies in adults, children and infants until more advanced medical personnel take over. This program is offered in both traditional instructor-led and blended learning delivery types.

## Prerequisites

None

## Learning Objectives

- Identify the responsibilities and characteristics of professional rescuers.
- List the series of events that occur when the emergency medical services (EMS) system is activated.
- Understand how legal considerations affect professional rescuers.
- Recognize a life-threatening injury or illness.
- Demonstrate how to perform a primary assessment.
- Determine when it is appropriate to call for more advanced medical personnel.
- Describe instances in which a victim should be moved.
- Recognize and care for a breathing emergency.
- Demonstrate how to give ventilations using a resuscitation mask (adult/child and infant).
- Demonstrate how to use a bag-valve-mask resuscitator (BVM) with two rescuers.
- Demonstrate how to care for an obstructed airway (adult/child and infant).
- List the links of the Cardiac Chain of Survival.
- Recognize the signs and symptoms of a heart attack.
- Identify how to care for a heart attack.
- Identify special situations that may arise when performing CPR.
- Describe the role and importance of early CPR in cardiac arrest.
- Demonstrate how to perform CPR (adult/child and infant).
- Demonstrate how to perform two-rescuer CPR (adult/child and infant).
- Describe what defibrillation is and how it works.
- Describe the role and importance of early defibrillation in cardiac arrest.
- List the general steps for using an automated external defibrillator (AED).
- Identify precautions for using an AED.
- Demonstrate how to use an AED (adult, child or infant).
- Describe the differences in using an AED (adult, child and infant) when CPR is in progress.
- Decide what care to provide for breathing and cardiac emergencies.

## Length

- **Instructor-Led:** 6 hours
- **Blended Learning:** 2 hours of eLearning followed by a 4 hour in-person skill session.

## Instructor

Currently certified CPR/AED for Professional Rescuers, Lifeguarding and Emergency Medical Response instructors and instructor trainers.

## Certification Requirements

Participants must:

- Attend the entire course.
- Participate in all skill sessions and scenarios.
- Demonstrate competency in all required skills and scenarios.
- Pass the final written exam with a minimum grade of 80 percent.
- *Blended Learning only:* complete all eLearning modules prior to the first in-person skill session.

## Certificate Issues and Validity Period

CPR/AED for Professional Rescuers, valid 2 years

## Participant Products

CPR/AED for Professional Rescuers Handbook (available in digital and print formats)